What is claimed is:

1. An ophthalmic solution comprising:

0.01 to about 1.0 percent by weight L-histidine;

0.0001 to 0.01 percent by weight hydrogen peroxide; and

0.1 to 500 parts per million of a cationic polymeric preservative.

2. A method for supplying a rinsing solution to an eye comprising the step of:

Contacting an eye with a solution comprising:

0.01 to about 1.0 percent by weight L-histidine;

0.0001 to 0.01 percent by weight hydrogen peroxide; and

0.1 to 500 parts per million of a cationic polymeric

preservative